



Who is Coach K?

Kevan Moezzi started swimming competitively in 1986 at the age of 5 in Nevada. Under the guidance of collegiate level coaches he quickly excelled and in 1991 was recognized nationally for his swimming technique of the butterfly, backstroke, breaststroke, and freestyle. With qualifying times that ranked him amongst the quickest in the West Coast, he competed in the junior Olympics at the age of 12 and continued as a state champion level swimmer while in high school.

But this is not what made Coach K fall in love with the sport.

“My swim training allowed me to participate in other sports without tiring... in cross country running, cycling, and wrestling I was simply able to outlast my competition. It was a great foundation for me to build from. Unlike contact sports, I can participate and enjoy these activities throughout my life. -And parents, another positive side affect, studies show that swimmers statistically prove themselves to be academic scholars. What a bonus!”

At the age of 16, Kevan received his mandatory lifesaving certifications and started his Lifeguarding career with the YMCA as well as a number of private pools. It was at this time that one mother approached him and wanted her 3 year old daughter to learn how to swim. To the mother's (and Kevan's) amazement, the little girl who was afraid to get in the water at first...was swimming 20-foot distances after two lessons. Not only that, but she would laugh and laugh at everything he said. Apparently kids love Coach K

Just last year Kevan was selected to be on the reality television show “Amish in the City”. Here he demonstrated his instructional abilities and taught a young adult how to swim in front of the entire nation. Today, Kevan Moezzi still competes in triathlons, is a trainer at 24 Hour Fitness, participates in a running club in Southern California, is an instructor for The Swim Planet, and surfs whenever he gets the chance. He loves to teach, he loves to work with children, he loves being a Fitness Professional, and he can't wait to help you reach your goals!!!

For more info and to sign up for classes

310-408-8733

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